

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Program Location Legend BCY - Back Courtyard CC - Community Centre CF - Cafe/Atrium EB - Ellington Basement ER - Exercise Room L - Library M - Main Lobby RR - Resident's Room TR - Tea Room</p> <p>Legend for which Recreationist is hosting the activity: (CM) Colleen (IC) Isabel (KD) Kaylee (MD) Michaela (SG) Sheilla</p>	<p>1</p> <p>Game Show Day! 9:00-3:00 Exercise Room Open! 1:30pm Floor Curling (CM) - EB 2:45pm The Price is Right (CM) - EB 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:30pm Happy Hour & Snack Social - CP</p>	<p>2</p> <p>9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 10:30am Creative Colouring with Kyle - L 1:45pm Scattergories (MD) - EB 2:45pm Afternoon Tea - TR 3:00pm Sunshine Dog Visits - M</p>	<p>3</p> <p>9:00-3:00 Exercise Room Open! 9:15am Word Game Wednesday (CM) - EB 10:30am Guided Meditation (CM) - ER 12:00pm Rib Dinner Lunch Club - CF (sign up w/ Recreation) 2:45pm Card Games (MD) - M 2:45pm Afternoon Tea - TR 3:15pm Sit & Knit (MD) - L</p>	<p>4</p> <p>9:00-3:00 Exercise Room Open! 10:00am Rosary Group - EB 10:30am Music w Krystyna - EB 1:30pm Flower Arranging (MD) - L 2:45pm Musical Entertainment with Martin Wall - M 2:45pm Afternoon Tea - TR 6:30pm Happy Hour & Bingo -CF</p>	<p>5</p> <p>9:00-3:00 Exercise Room Open! 9:00am Morning Motivation (MD) - RR 10:00am Bell Choir with Mairead - EB 10:00am Country Drive to Bellwood Lake (sign-up only) 1:30pm Seated Exercise (MD) - ER 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB</p>	<p>6</p> <p>9:00-3:00 Exercise Room Open! 9:15am Coffee Time (CM) - M 1:30pm Creative Arts (CM) - L 2:45pm Afternoon Tea - TR</p>
<p>7</p> <p>9:00-3:00 Exercise Room Open! 10:30am Hymn Sing (CM) - EB 1:30pm Seated Exercise (CM) - ER 2:45pm Afternoon Tea - TR</p>	<p>8</p> <p>9:00-3:00 Exercise Room Open! 10:00am Food Committee - TR 11am-12pm Bookmobile 1:30pm Floor Curling (Norah) - EB 2:00pm Rebecca Kennedy Educational Workshop: Maintain Your Brain - CC 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF 3:15pm Name 6 (CM) - M 3:15pm RC Communion - EB 5:00pm Elora Racetrack Dinner Outing (sign-up only) 6:30pm Happy Hour & Snack Social - CP</p>	<p>9</p> <p>9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 10:00am Trinity United Chapel Service - C 10:30am Creative Colouring with Kyle - L 2:00pm Card Games (MD) - M 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$4 - CF 3:00pm Sunshine Dog Visits - M</p>	<p>10</p> <p>9:00-3:00 Exercise Room Open! 9:15am Word Game Wednesday (MD) - EB 10:30am Guided Meditation (MD) - ER 2:00pm Happy Hour with Record Day Combo - CC 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF 3:15pm Sit & Knit (CM) - L</p>	<p>11</p> <p>9:00-3:00 Exercise Room Open! 10:00am Rosary Group - EB 10:30am Flower Arranging (CM) - L 1:30pm Moving & Music Exercise (CM) - ER 2:45pm Musical Entertainment with Joey Ace - M 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$4 - CF 6:30pm Happy Hour & Bingo -CF</p>	<p>12</p> <p>9:00-3:00 Exercise Room Open! 10:30am Creative Arts: Making Corsages & Bouttonnieres for Prom - L 1:30pm Singing Group with Mairead - EB 1:30pm Seated Exercise (CM) 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF 3:00pm Ukulele Group - EB</p>	<p>13</p> <p>9:00-3:00 Exercise Room Open! 9:15am Coffee Time (CM) - M 2:00pm Senior Prom with Elvis' Brothers - CC 2:45pm Afternoon Tea - TR</p>
<p>14</p> <p>9:00-3:00 Exercise Room Open! 10:30am Hymn Sing (KD) - EB 1:30pm Seated Exercise (KD) - ER 2:45pm Afternoon Tea - TR</p>	<p>15</p> <p>9:00-3:00 Exercise Room Open! 1:30pm Floor Curling (CM) - EB 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF 3:15pm RC Communion - EB 3:45pm Name 6 (CM) - M 6:30pm Happy Hour & Snack Social - CP</p>	<p>16</p> <p>9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 10:30am Creative Colouring with Kyle - L 2:00pm Resident Town Hall Meeting - EB 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$4 - CF 3:00pm Sunshine Dog Visits - M</p>	<p>17</p> <p>9:00-3:00 Exercise Room Open! 9:15am Word Game Wednesday (CM) - EB 10:00am Roman Catholic Mass - C 10:30am Guided Meditation (CM) - ER 1:30pm Artfull Talk: The Art of Fatherhood (MD) - EB 2:45pm Card Games (MD) - M 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF 3:15pm Sit & Knit (MD) - L</p>	<p>18</p> <p>9:00-3:00 Exercise Room Open! 10:00am Rosary Group - EB 10:30am Flower Arranging (CM) - L 2:00pm June Birthday Party with Tricia Cole - CC 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$4 - CF 6:30pm Happy Hour & Bingo -CF</p>	<p>19</p> <p>9:00-3:00 Exercise Room Open! 9:00am Morning Motivation (MD) - RR 10:00am Bell Choir with Mairead - EB 1:30pm Seated Exercise (MD) - ER 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF 3:00pm Ukulele Group - EB</p>	<p>20</p> <p>9:00-3:00 Exercise Room Open! 9:15am Coffee Time with Dad's Cookies (IC) - M 1:30pm Creative Arts-L 2:45pm Afternoon Tea - TR</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>Father's Day- "Dress Like Dad Day" 9:00-3:00 Exercise Room Open! 10:30am Hymn Sing (CM) - EB 1:30pm Dad's Travelling Cart (CM) - RR 2:45pm Afternoon Tea - TR</p>	<p>22</p> <p>9:00-3:00 Exercise Room Open! 9:30am Bell Choir Rehearsal - EB 10:15am Singing & Ukulele Group Rehearsal - EB 11am-12pm Bookmobile 2:00pm Summer Music Showcase with Mairead & Music Group - CC 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF 3:15pm RC Communion - EB 3:45pm Name 6 (CM) - M 6:30pm Happy Hour & Snack Social - CP</p>	<p>23</p> <p>9:00-3:00 Exercise Room Open! 9:00am Today in History(S)-RR 9:30am Exercise Room with Assistance - ER 10:00am St Andrew's Presbyterian Chapel Service - C 10:30am Creative Colouring with Kyle - L 1:30pm Documentary & Cheesies - CC 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Scoops in the Cafe \$4 - CF 3:00pm Sunshine Dog Visits - M</p>	<p>24</p> <p>9:00-3:00 Exercise Room Open! 9:15am Word Game Wednesday (SG) - EB 10:00am St. George's Anglican Chapel Service - C 10:30am Guided Meditation (SG) - ER 2:00pm Accordion with Gary - CC 2:45pm Card Games (CM) - M 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF 3:15pm Sit & Knit (CM) - L</p>	<p>25</p> <p>9:00-3:00 Exercise Room Open! 10:00am Rosary Group - EB 10:30am Flower Arranging (CM) - L 1:30pm Moving & Music Exercise (CM) - ER 2:45pm Musical Entertainment with Jamie Todd - M 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Scoops in the Cafe \$4 - CF 6:30pm Happy Hour & Bingo -CF</p>	<p>26</p> <p>Pride Day! Wear the Rainbow! 9:00-3:00 Exercise Room Open! 2:30pm-3:30pm Hear Right Canada 10:30am Creative Arts (CM) - L 1:30pm Seated Exercise (CM) 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF</p>	<p>27</p> <p>9:00-3:00 Exercise Room Open! 9:15am Coffee Time (SG) - M - TR 2:00pm The Elliott Homewide Bingo - CC 2:45pm Afternoon Tea - TR</p>
<p>28</p> <p>9:00-3:00 Exercise Room Open! 10:15am Hymn Sing(SG)-EB 1:30pm Seated Exercise (SG) - ER 2:45pm Afternoon Tea - TR</p>	<p>29</p> <p>9:00-3:00 Exercise Room Open! 2:00pm Soundbath Meditation with Mike Tudisco - CC 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips in the Cafe \$2 - CF 3:15pm RC Communion - EB 3:45pm Name 6 (CM) - M 6:30pm Happy Hour & Snack Social - CP</p>	<p>30</p> <p>9:00-3:00 Exercise Room Open! 9:30am Book Club - EB 9:30am Exercise Room with Assistance - ER 10:15am Sumer Snapshots (CM) - M 10:30am Creative Colouring with Kyle - L 11:30am Stella's Diner Lunch Outing (sign up only) 1:40pm Scattergories(SG)-L 2:45pm Afternoon Tea - TR 2:50pm Sing Along(SG)-M 3:00-4:00 Summer Scoops in the Cafe \$4 - CF 3:00pm Sunshine Dog Visits - M</p>	<p>General Store Hours Please see Board located beside the Ellington elevators and daily activity sheet. *subject to change - notice will be posted on Activity Board, beside daily activity sheets, and on TV screens*</p>	<p>Recreationists Colleen Marsh - Ext. 2232 cmarsh@elliottcommunity.org Michaela Durdle - Ext.2496 mdurdle@elliottcommunity.org Sheilla Ga-an sgaan@elliottcommunity.org</p> <p>Recreation Supervisor Michelle Holland - Ext. 2366 mholland@elliottcommunity.org</p>	<p>Sign Up Only Events To sign up for an outing or meal program, please speak to the Recreation team by either coming to the office, phoning at ext. 2232, or sending an email.</p>	<p>Program Location Legend BCY - Back Courtyard CC - Community Centre CF - Cafe/Atrium EB - Ellington Basement ER - Exercise Room L -Library M - Main Lobby RR - Resident's Room TR - Tea Room</p> <p>Legend for which Recreationist is hosting the activity: (CM) Colleen (IC) Isabel (KD) Kaylee (MD) Michaela (SG) Sheilla</p>